

Gray Matters Brain Injury Support Group



Sharp Rehab Conference Room
2999 Health Center Dr.

First Tuesday of each month, 5:30 - 7:30 pm

Be supported and feel encouraged

- Survivors, family & Caregivers are all welcome.
- Everyone is valued, encouraged to participate and *heard*.
In this way, participants are a part of a caring community.
- We share resources, strategies, methods that have worked for us,
plus uplifting attitudes!
- Enhance social skills-communicate & develop better interpersonal
prowess
- Laugh and have some fun.
- We are here to help you cope with your injury and move forward.



Heidi Lerner, M.A.

Support Group Facilitator

Life Enhancement Coach

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