

# Psychosociality

It's really hard to understand,  
How a person is affected psychosocially.

“Psychosocial” refers to -  
Emotional, social, behavioral and psychological distresses caused by injury.

These symptoms are less obvious to the average eye,  
They are more enduring and harder to pacify.

- Increased emotionality
- Poor self-awareness
- Being socially inappropriate
- Frequent mood changes
- Being unmotivated or seeming to be of no use
- Reacting with alcohol and drugs
- Social-disinhibition
- Depression
- Self-esteem disintegrates
- Loneliness
- Egocentricity/self-importance
- Anxiousness
- Impulsivity
- Decreased sense of discernment or judgment
- Poor anger management
- Insensitivity to others
- Unawareness of how actions impact others
- Lessened ability to interpret emotions & read situations
- Lowered tolerance for frustration

This is a somewhat complete list,  
But no doubt,  
There's some that I missed,

Lastly,  
After the continuous self-correction of rehab,

**Please don't underestimate the power of your love,  
And positive feedback!**